

Emerald Crest Dining Menu

Week of September 16th

	Breakfast	Lunch	Dinner
Monday	Scrambled Eggs Wheat Toast Margarine & Jelly Chilled Juice	Broccoli Stuffed Chicken Rice Pilaf Vegetable Ice Cream	BBQ Riblet on Bun Curley Fries Fresh Strawberries
Tuesday	Cream of Wheat Wheat Toast Margarine & Jelly Chilled Juice	Hearty Beef Chili Cornbread Vegetable Frosted Brownie	Vegetable Lasagna Garlic Toast Vegetable Peaches
Wednesday	French Toast Margarine & Syrup Ham Chilled Juice	Smothered Chicken Breast Rosemary Potatoes Vegetable Vanilla Cream Puff	Beef Barley Soup Vegetables Seasonal Fruit
Thursday	Scrambled Eggs Breakfast Sausage Wheat Toast Margarine & Jelly Chilled Juice	Pot Roast Mashed Potatoes Vegetable Cookies	Polish Sausage Potato Wedges Vegetable Pears
Friday	Waffles Margarine & Syrup Bacon Chilled Juice	Lemon Pepper Fish Potato Cakes Chef Salad Double Chocolate Cake	Herbed Chicken Breast Mashed Sweet Potatoes Vegetable Melon Cubes
Saturday	Omelet Wheat Toast Margarine & Jelly Chilled Juice	Chicken Chow Mein Over Rice Mini Egg Roll Peach Cobbler	Beer Cheese Soup Roast Beef Sandwich Vegetable Grapes
Sunday	Pancakes Margarine & Syrup Bacon Chilled Juice	Macaroni Casserole Garlic Bread Zucchini Pie	Chicken ala King over Biscuit Vegetable Cookie

*This menu is subject to change.

Week 3