

Emerald Crest Dining Menu

WEEK 1 OF JANUARY 01/06 TO 01/12

	Breakfast	Lunch	Dinner
Monday 01/06	Scrambled Eggs Wheat Toast Margarine & Jelly Chilled Juice	Broccoli Stuffed Chicken Rice Pilaf Vegetable Ice Cream	BBQ Riblet on Bun Curley Fries Fresh Strawberries
Tuesday 01/07	Cream of Wheat Wheat Toast Margarine & Jelly Chilled Juice	Hearty Beef Chili Cornbread Vegetable Frosted Brownie	Vegetable Lasagna Garlic Toast Vegetable Peaches
Wednesday 01/08	French Toast Margarine & Syrup Ham Chilled Juice	Smothered Chicken Breast Rosemary Potatoes Vegetable Vanilla Cream Puff	Beef Barley Soup Vegetables Seasonal Fruit
Thursday 01/09	Scrambled Eggs Breakfast Sausage Wheat Toast Margarine & Jelly Chilled Juice	Pot Roast Mashed Potatoes Vegetable Cookies	Polish Sausage on Bun Potato Wedges Vegetable Pears
Friday 01/10	Waffles Margarine & Syrup Bacon Chilled Juice	Lemon Pepper Fish Potato Cakes Chef Salad Double Chocolate Cake	Herbed Chicken Breast Mashed Sweet Potatoes Vegetable Melon Cubes
Saturday 01/11	Omelet Wheat Toast Margarine & Jelly Chilled Juice	Chicken Chow Mein Over Rice Mini Egg Roll Peach Cobbler	Beer Cheese Soup Roast Beef Sandwich Vegetable Grapes
Sunday 01/12	Pancakes Margarine & Syrup Bacon Chilled Juice	Macaroni Casserole Garlic Bread Zucchini Pie	Chicken ala King over Biscuit Vegetable Cookie

THIS MENU IS SUBJECT TO CHANGE.

WEEK 1