

Emerald Crest Dining Menu

Week of March 6th, 2023

	Breakfast	Lunch	Dinner
Monday	Scrambled Eggs Wheat Toast Margarine & Jelly Chilled Juice	Rueben Sandwich Curly Fries Vegetable Ice Cream	Chicken Kiev Rice Pilaf Peaches
Tuesday	Cream of Wheat Wheat Toast Margarine & Jelly Chilled Juice	Hearty Beef Chili Cornbread Vegetable Frosted Brownie	Tator Tot Hotdish Vegetable Dinner Roll Fruit Cocktail
Wednesday	French Toast Margarine & Syrup Ham Chilled Juice	Baked Fish Rosemary Roasted Potatoes Vegetable Vanilla Cream Puff	Pasta Primavera Garlic Toast Vegetable Seasonal Fruit
Thursday	Scrambled Eggs Breakfast Sausage Wheat Toast Margarine & Jelly Chilled Juice	Pot Roast Mashed Potatoes Vegetable Cookies	Polish Sausage Potato Wedges Vegetable Pears
Friday	Waffles Margarine & Syrup Bacon Chilled Juice	Mexican Hotdish Chef Salad Vegetable Double Chocolate Cake	Herbed Chicken Breast Mashed Sweet Potatoes Vegetable Melon Cubes
Saturday	Omelet Wheat Toast Margarine & Jelly Chilled Juice	Chicken Chow Mein Over Rice Mini Egg Roll Peach Cobbler	Beer Cheese Soup Ham Sandwich Vegetable Grapes
Sunday	Pancakes Margarine & Syrup Bacon Chilled Juice	Salisbury Steak Tri Potatoes Vegetable Pie	Chicken ala King over Biscuit Vegetable Cookie

*This menu is subject to change.

Week 3