

Emerald Crest Dining Menu

WEEK 5 OF OCTOBER 10-28 to 11-3

| | Breakfast | Lunch | Dinner |
|------------------|---|---|--|
| Monday | Scrambled Eggs Bacon Wheat Toast Margarine & Jelly Chilled Juice | Italian Meatballs over Penne Garlic Toast Vegetable Cookie | California Cheeseburger Fries Peaches |
| Tuesday | Oatmeal w/ Brown Sugar Wheat Toast Chilled Juice | Goulash Buttery Hot Dinner Rolls Vegetable Cake | Egg Salad Over a Croissant Chips Carrot Salad Mandarin Oranges |
| Wednesday | French Toast Margarine & Syrup Turkey Sausage Chilled Juice | Open-face Turkey Sandwich Mashed Potatoes Vegetable Ice Cream | Baked Potato Soup Smoked Turkey Sandwich on Rye Mixed Fruit |
| Thursday | Omelets Wheat Toast Chilled Juice | Salisbury Steak Tri Potatoes Vegetable Apple Crisp | Flatbread Cheese Pizza with Marinara Dipping Sauce Vegetable Apple Slices |
| Friday | Pancakes Margarine & Syrup Ham Chilled Juice | Lemon Pepper Fish Potato Wedges Side Salad Rice Krispy Bars | Sloppy Joe on Bun Baked Tator Tots Vegetable Apricots |
| Saturday | Scrambled Eggs Wheat Toast Margarine & Jelly Chilled Juice | Swedish Meatballs Egg Noodles Vegetable Fruit Jell-O | Chicken Tenders Baked Macaroni Bites Vegetable Grapes |
| Sunday | Cream of Wheat Wheat Toast Margarine & Jelly Chilled Juice | Beef Stew w/Brown Rice Vegetable Cookies | Turkey Tetrizzini Vegetable Dinner Roll Pineapple |

**This menu is subject to change.*

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