

Emerald Crest Dining Menu

WEEK 3 FEBRUARY 17TH TO 23RD

	Breakfast	Lunch	Dinner
Monday 02/17	Scrambled Eggs Bacon Wheat Toast Margarine & Jelly Chilled Juice	Meat Sauce over Penne Garlic Toast Vegetable Cookie	California Cheeseburger on Bun Fries Peaches
Tuesday 02/18	Oatmeal w/ Brown Sugar Wheat Toast Chilled Juice	Goulash Dinner Rolls Vegetable Cake	Egg Salad Over A Croissant Chips Carrot Salad Mandarin Oranges
Wednesday 02/19	French Toast Margarine & Syrup Turkey Sausage Chilled Juice	Honey Glazed Ham White Cheddar Au gratin Green Beans Cake	Baked Potato Soup Smoked Turkey Sandwich on Rye Mixed Fruit
Thursday 02/20	Omelets Wheat Toast Chilled Juice	Salisbury Steak Tri Potatoes Vegetable Apple Crisp	Flatbread Cheese Pizza Vegetable Apple Slices
Friday 02/21	Pancakes Margarine & Syrup Ham Chilled Juice	Lemon Pepper Fish Potato Wedges Side Salad Rice Krispy Bars	Sloppy Joe on Bun Tatar Tots Vegetable Apricots
Saturday 02/22	Scrambled Eggs Wheat Toast Margarine & Jelly Chilled Juice	Swedish Meatballs Egg Noodles Vegetable Fruit Jell-O	Chicken Tenders Macaroni Bites Vegetable Grapes
Sunday 02/23	Cream of Wheat Wheat Toast Margarine & Jelly Chilled Juice	Beef Stew over Brown Rice Vegetable Cookies	Turkey Tetrizzini Vegetable Dinner Rolls Pineapple

THIS MENU MAY BE SUBJECT TO CHANGE.

WEEK 3