

Emerald Crest Dining Menu

WEEK 4 OF OCTOBER

	Breakfast	Lunch	Dinner
Monday	Dutch Waffles Margarine & Syrup Bacon Chilled Juice	BBQ Ribs Baked Beans Coleslaw Shortcake w/Blueberries	Chicken Wild Rice Soup with Turkey Sandwich on Rye Fruit Cocktail
Tuesday	Oatmeal w/ Brown Sugar & Raisins Wheat Toast Margarine & Jelly Chilled Juice	Chicken Fried Steak Mashed Potatoes w/Country Gravy Vegetable Cookies	Kielbasa Boiled Potatoes Vegetable Apple Slices
Wednesday	Pancakes Margarine & Syrup Ham Chilled Juice	Alfredo Stuffed Shells Garlic Breadstick Vegetable Chocolate Éclair	Minestrone Soup with Roast Beef Slider Vegetable Peaches
Thursday	Scrambled Eggs Bacon Wheat Toast Margarine & Jelly Chilled Juice	Turkey Cutlet Roasted Potatoes Vegetable + Dinner Roll Pie	Hamburger on Bun Steak House Potato Salad Chips Grapes
Friday	French Toast Margarine & Syrup Breakfast Sausage Chilled Juice	Roasted Chicken Vegetable Fried Rice Vegetable Ice Cream	Cabbage Rolls Vegetable Dinner Roll Strawberries
Saturday	Cream of Wheat Wheat Toast Margarine & Jelly Chilled Juice	Fish of the Day Loaded Tots Vegetable Cheesecake	Meatloaf Rosemary Potatoes Carrots Sliced Kiwi
Sunday	Omelet Wheat Toast Margarine & Jelly Chilled Juice	Beef Ravioli Garlic Bread Vegetable Cake	Tomato Soup Grilled Cheese Cucumbers w/ Dip Pears

**This menu is subject to change.*

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