

# Emerald Crest Dining Menu

WEEK 4 OF JANUARY 01/27 TO 02/02

|                           | Breakfast  | Lunch   | Supper   |
|---------------------------|--|---|--|
| <b>Monday</b><br>01/27    | <b>Sausage Gravy Over Biscuit</b><br>Wheat Toast<br>Margarine & Jelly<br>Chilled Juice | <b>Chicken Supreme</b><br>Roasted Potatoes<br>Vegetable<br>Peanut Butter Krispy Bar | <b>Hot Dog on Bun</b><br>Onion Rings<br>V8 Juice<br>Watermelon                 |
| <b>Tuesday</b><br>01/28   | <b>Cream of Wheat</b><br>Wheat Toast<br>Margarine & Jelly<br>Chilled Juice             | <b>Coconut Shrimp</b><br>Mac & Cheese<br>Veggies<br>Pie                             | <b>Ham &amp; Cheese Croissant</b><br>Chef's Choice Soup<br>Peaches             |
| <b>Wednesday</b><br>01/29 | <b>Fried Eggs</b><br>Ham<br>Wheat Toast<br>Margarine & Jelly<br>Chilled Juice          | <b>Pulled Pork Sandwich on Bun</b><br>Sweet Potato Fries<br>Vegetable<br>Pudding    | <b>Soft Shell Tacos w/ Ground Turkey</b><br>Rice & Beans<br>Mandarin Oranges   |
| <b>Thursday</b><br>01/30  | <b>Waffles</b><br>Margarine & Syrup<br>Breakfast Sausage<br>Chilled Juice              | <b>Swiss Steak</b><br>Mashed Potatoes<br>Vegetable<br>Ice Cream                     | <b>Hamburger Stroganoff</b><br><b>Dinner Rolls</b><br>Veggies<br>Fresh Berries |
| <b>Friday</b><br>01/31    | <b>Pancakes</b><br>Margarine & Syrup<br>Bacon<br>Chilled Juice                         | <b>Tuna Casserole</b><br>Breadstick<br>Vegetable<br>Strawberry Short Cake           | <b>Squash Ravioli w/ Lite Cream Sauce</b><br>Vegetable<br>Grapes               |
| <b>Saturday</b><br>02/01  | <b>Oatmeal w/ Brown Sugar</b><br>Wheat Toast<br>Margarine & Jelly<br>Chilled Juice     | <b>Sweet &amp; Sour Chicken</b><br><b>Fried Rice</b><br>Vegetable<br>Bars           | <b>Chicken Patty on Bun</b><br>Waffle Fries<br>Vegetable<br>Fruit Cocktail     |
| <b>Sunday</b><br>02/02    | <b>Omelet</b><br>Bacon<br>Wheat Toast<br>Margarine & Jelly<br>Chilled Juice            | <b>Open-face Turkey Sandwich</b><br>Mashed Potatoes<br>Vegetable<br>Ice Cream       | <b>Mini Corndogs</b><br>Baked Beans<br>Vegetable<br>Tropical Fruit             |

THIS MENU MAY BE SUBJECT TO CHANGE.

WEEK 4