

Emerald Crest Dining Menu

WEEK 2 MARCH 10TH TO MARCH 16TH

	Breakfast	Lunch	Dinner
Monday 03/10	Belgian Waffles Margarine & Syrup Bacon Chilled Juice	BBQ Ribs Baked Beans Coleslaw Shortcake w/Blueberries	Chicken Wild Rice Soup Turkey Sandwich Fruit Cocktail
Tuesday 03/11	French Toast Margarine & Syrup Breakfast Sausage Chilled Juice	Beef Country Fried Steak w/ Gravy on the side Mashed Potatoes Vegetables Cookies	Kielbasa w/ Sauerkraut Boiled Potatoes Vegetables Apple Slices
Wednesday 03/12	Pancakes Margarine & Syrup Ham Chilled Juice	Alfredo Stuffed Shells Garlic Breadstick Vegetables Cake	Minestrone Soup Roast Beef Sandwich Vegetables Peaches
Thursday 03/13	Scrambled Eggs Bacon Wheat Toast Margarine & Jelly Chilled Juice	Roasted Turkey Roasted Potatoes Vegetables Dinner Roll Pie	Hamburger on Bun Potato Salad Chips Grapes
Friday 03/14	Oatmeal w/ Brown Sugar & Raisins Wheat Toast Margarine & Jelly Chilled Juice	Garlic & Herb Crusted Tilapia Loaded Tots Vegetables Cheesecake	Tomato Soup Grilled Cheese Cucumbers w/ Dip Pears
Saturday 03/15	Cream of Wheat Wheat Toast Margarine & Jelly Chilled Juice	Roasted Chicken Vegetable Fried Rice Vegetables Ice Cream	Meatloaf Rosemary Potatoes Carrots Tropical Fruit
Sunday 03/16	Omelet Wheat Toast Margarine & Jelly Chilled Juice	Beef Ravioli Garlic Bread Vegetables Cake	Cabbage Rolls Vegetables Dinner Rolls Strawberries

THIS MENU IS SUBJECT TO CHANGE.

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