

Emerald Crest Dining Menu

WEEK 2 OF OCTOBER

	Breakfast	Lunch	Supper
Monday	Sausage Gravy Over Biscuit Wheat Toast Margarine & Jelly Chilled Juice	Chicken Supreme Roasted Potatoes Vegetable Peanut Butter Krispy Bar	Hot Dog on Bun Onion Rings V8 Juice Watermelon
Tuesday	Cream of Wheat Wheat Toast Margarine & Jelly Chilled Juice	Coconut Shrimp Mac & Cheese Veggies Pie	Ham & Cheese Croissant Chef's Choice Soup Peaches
Wednesday	Fried Eggs Ham Wheat Toast Margarine & Jelly Chilled Juice	Pulled Pork Sandwich Sweet Potato Fries Vegetable Pudding	Soft Shell Tacos w/ Ground Turkey White Rice & Beans Mandarin Oranges
Thursday	Waffles Margarine & Syrup Breakfast Sausage Chilled Juice	Swiss Steak Mashed Potatoes Vegetable Ice Cream	Hamburger Stroganoff Dinner Roll Veggies Fresh Berries
Friday	Pancakes Margarine & Syrup Bacon Chilled Juice	Tuna Casserole Breadstick Vegetable Strawberry Short Cake	Squash Ravioli w/ Lite Cream Sauce Vegetable Grapes
Saturday	Oatmeal w/ Brown Sugar Wheat Toast Margarine & Jelly Chilled Juice	Sweet & Sour Chicken Fried Rice Vegetable Pumpkin Bars	Chicken Patty on Bun Waffle Fries Vegetable Fruit Cocktail
Sunday	Omelet Bacon Wheat Toast Margarine & Jelly Chilled Juice	Honey Glazed Ham White Cheddar Augratin Green Beans Cake	Mini Corndogs Baked Beans Vegetable Tropical Fruit

**This menu may be subject to change.*

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