

# Emerald Crest Dining Menu

Week of September 23rd

	Breakfast	Lunch	Dinner
<b>Monday</b>	<b>Dutch Waffles</b> Margarine & Syrup Bacon Chilled Juice	<b>BBQ Ribs</b> Baked Beans Coleslaw Shortcake w/Blueberries	<b>Chicken Wild Rice Soup with Turkey Sandwich on Rye</b> Fruit Cocktail
<b>Tuesday</b>	<b>Oatmeal w/ Brown Sugar &amp; Raisins</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Chicken Fried Steak</b> Mashed Potatoes w/Country Gravy Vegetable Cookies	<b>Kielbasa</b> Boiled Potatoes Vegetable Apple Slices
<b>Wednesday</b>	<b>Pancakes</b> Margarine & Syrup Ham Chilled Juice	<b>Alfredo Stuffed Shells</b> Garlic Breadstick Vegetable Chocolate Éclair	<b>Minestrone Soup with Roast Beef Slider</b> Vegetable Peaches
<b>Thursday</b>	<b>Scrambled Eggs</b> Bacon Wheat Toast Margarine & Jelly Chilled Juice	<b>Turkey Cutlet</b> Roasted Potatoes Vegetable + Dinner Roll Pie	<b>Hamburger on Bun</b> Steak House Potato Salad Chips Grapes
<b>Friday</b>	<b>French Toast</b> Margarine & Syrup Breakfast Sausage Chilled Juice	<b>Roasted Chicken</b> Vegetable Fried Rice Vegetable Ice Cream	<b>Cabbage Rolls</b> Vegetable Dinner Roll Strawberries
<b>Saturday</b>	<b>Cream of Wheat</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Fish of the Day</b> Loaded Tots Vegetable Cheesecake	<b>Meatloaf</b> Rosemary Potatoes Carrots Sliced Kiwi
<b>Sunday</b>	<b>Omelet</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Beef Ravioli</b> Garlic Bread Vegetable Cake	<b>Tomato Soup</b> <b>Grilled Cheese</b> Cucumbers w/ Dip Pears

\*This menu is subject to change.

Week 4