

Emerald Crest Dining Menu

Week of March 13th, 2023

	Breakfast	Lunch	Dinner
Monday	Dutch Waffles Margarine & Syrup Bacon Chilled Juice	BBQ Ribs Baked Beans Coleslaw Shortcake w/Blueberries	Beef Ravioli Marinara Sauce Vegetables Garlic Bread Fruit Cocktail
Tuesday	Oatmeal w/ Brown Sugar & Raisins Wheat Toast Margarine & Jelly Chilled Juice	Chicken Fried Steak Mashed Potatoes w/Country Gravy Vegetable Cookies	Kielbasa Boiled Potatoes Vegetable Apple Slices
Wednesday	Pancakes Margarine & Syrup Ham Chilled Juice	Alfredo Stuffed Shells Veggies Garlic Breadstick Chocolate Éclair	Minestrone Soup Roast Beef Slider Vegetable Peaches
Thursday	Scrambled Eggs Bacon Wheat Toast Margarine & Jelly Chilled Juice	Roast Turkey Stuffing Vegetable Pie	Hamburger on Bun Steak House Potato Salad Chips Grapes
Friday	French Toast Margarine & Syrup Breakfast Sausage Chilled Juice	Breaded Chicken Breast Mediterranean Style Beans Vegetable Ice Cream	Cabbage Rolls Vegetable Dinner Roll Strawberries
Saturday	Cream of Wheat Wheat Toast Margarine & Jelly Chilled Juice	Fish of the Day Loaded Tots Vegetable Cheesecake	Meatloaf Rosemary Potatoes Carrots Sliced Kiwi
Sunday	Omelet Wheat Toast Margarine & Jelly Chilled Juice	Honey Glazed Ham Maple Roasted Sweet Potatoes Winter Blend Vegetables Cake	Tomato Soup Grilled Cheese Cucumbers w/ Dip Pears

*This menu is subject to change.

Week 4