

# Emerald Crest Dining Menu

WEEK 3 MARCH 17<sup>TH</sup> TO MARCH 23<sup>RD</sup>

	Breakfast	Lunch	Dinner
<b>Monday</b> 03/17	<b>Scrambled Eggs</b> Bacon Wheat Toast Margarine & Jelly Chilled Juice	<b>Meat Sauce over Penne</b> Garlic Toast Vegetables Cookies	<b>California Cheeseburger</b> on Bun Fries Peaches
<b>Tuesday</b> 03/18	<b>Oatmeal w/ Brown Sugar</b> Wheat Toast Chilled Juice	<b>Goulash</b> Dinner Rolls Vegetables Bars	<b>Egg Salad Over A Croissant</b> Chips Salad Mandarin Oranges
<b>Wednesday</b> 03/19	<b>French Toast</b> Margarine & Syrup <b>Turkey Sausage</b> Chilled Juice	<b>Honey Glazed Ham</b> White Cheddar Au gratin Vegetables Pudding	<b>Baked Potato Soup</b> Smoked Turkey Sandwich Mixed Fruit
<b>Thursday</b> 03/20	<b>Omelets</b> Wheat Toast Chilled Juice	<b>Salisbury Steak</b> Tri Potatoes Vegetables Apple Crisp	<b>Sloppy Joe on Bun</b> Tatar Tots Vegetables Apricots
<b>Friday</b> 03/21	<b>Scrambled Eggs</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Lemon Pepper Fish</b> Potato Wedges Side Salad Rice Krispy Bars	<b>Flatbread Cheese Pizza</b> Vegetable Apple Slices
<b>Saturday</b> 03/22	<b>Pancakes</b> Margarine & Syrup <b>Ham</b> Chilled Juice	<b>Swedish Meatballs</b> Egg Noodles Vegetables Fruit Jell-O	<b>Chicken Tenders</b> Baked Macaroni Bites Vegetables Grapes
<b>Sunday</b> 03/23	<b>Cream of Wheat</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Beef Stew</b> <b>Brown Rice</b> Vegetables Cookies	<b>Turkey Tetrazzini</b> Vegetables Dinner Rolls Pineapple

THIS MENU MAY BE SUBJECT TO CHANGE.

WEEK 3