

Emerald Crest Dining Menu

Week of February 20th, 2023

| | Breakfast | Lunch | Dinner |
|------------------|--|---|--|
| Monday | Scrambled Eggs Wheat Toast Margarine & Jelly Chilled Juice | Italian Meatball Over Penne Noodles Garlic Toast Vegetable Cookie | California Cheeseburger Fries Peaches |
| Tuesday | Oatmeal w/ Brown Sugar Wheat Toast Margarine & Jelly Chilled Juice | Meatloaf Au Gratin Potatoes Vegetable Cake | Egg Salad Over a Croissant Chips Carrot Salad Mandarin Oranges |
| Wednesday | French Toast Margarine & Syrup Bacon Chilled Juice | Roast Turkey w/Gravy Stuffing Vegetable Ice Cream | Baked Potato Soup Smoked Turkey Sandwich on Rye Mixed Fruit |
| Thursday | Omelets Wheat Toast Chilled Juice | Salisbury Steak Country Mashed Potatoes Vegetable Apple Crisp | Flatbread Cheese Pizza with Marinara Dipping Sauce Vegetable Apple Slices |
| Friday | Pancakes Margarine & Syrup Ham Chilled Juice | Lemon Pepper Fish Potato Wedges Side Salad Pie | Sloppy Joe on Bun Baked Tator Tots Vegetable Apricots |
| Saturday | Scrambled Eggs Wheat Toast Margarine & Jelly Chilled Juice | Swedish Meatballs Egg Noodles Vegetable Fruited Jello | Chicken Tenders Baked Macaroni Bites Vegetable Grapes |
| Sunday | Cream of Wheat Wheat Toast Margarine & Jelly Chilled Juice | Beef Stew w/Brown Rice Vegetable Lemon Bars | Turkey Tetrizzini Vegetable Dinner Roll Pineapple |

*This menu may be subject to change.

Week 1