

# Emerald Crest Dining Menu

WEEK 3 OF JANUARY 01/20 TO 01/26

	Breakfast	Lunch	Dinner
<b>Monday</b> 01/20	<b>Scrambled Eggs</b> Bacon Wheat Toast Margarine & Jelly Chilled Juice	<b>Italian Meatballs over Penne</b> Garlic Toast Vegetable Cookie	<b>California Cheeseburger on Bun</b> Fries Peaches
<b>Tuesday</b> 01/21	<b>Oatmeal w/ Brown Sugar</b> Wheat Toast Chilled Juice	<b>Goulash</b> Buttery Hot Dinner Rolls Vegetable Cake	<b>Egg Salad Over A Croissant</b> Chips Carrot Salad Mandarin Oranges
<b>Wednesday</b> 01/22	<b>French Toast</b> Margarine & Syrup Turkey Sausage Chilled Juice	<b>Honey Glazed Ham</b> White Cheddar Au gratin Green Beans Cake	<b>Baked Potato Soup</b> <b>Smoked Turkey Sandwich on Rye</b> Mixed Fruit
<b>Thursday</b> 01/23	<b>Omelets</b> Wheat Toast Chilled Juice	<b>Salisbury Steak</b> Tri Potatoes Vegetable Apple Crisp	<b>Flatbread Cheese Pizza</b> Vegetable Apple Slices
<b>Friday</b> 01/24	<b>Pancakes</b> Margarine & Syrup Ham Chilled Juice	<b>Parmesan Crusted Tilapia</b> Potato Wedges Side Salad Rice Krispy Bars	<b>Sloppy Joe on Bun</b> Baked Tatar Tots Vegetable Apricots
<b>Saturday</b> 01/25	<b>Scrambled Eggs</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Swedish Meatballs</b> Egg Noodles Vegetable Fruit Jell-O	<b>Chicken Tenders</b> Baked Macaroni Bites Vegetable Grapes
<b>Sunday</b> 01/26	<b>Cream of Wheat</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Beef Stew w/Brown Rice</b> Vegetable Cookies	<b>Turkey Tetrizzini</b> Vegetable <b>Dinner Rolls</b> Pineapple

THIS MENU MAY BE SUBJECT TO CHANGE.

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