Emerald Crest Dining Menu



WEEK 4 OF NOVEMBER 11/25 TO 12/1			
	Breakfast	Lunch	Dinner
Monday 11-25	Scrambled Eggs Bacon Wheat Toast Margarine & Jelly Chilled Juice	Italian Meatballs over Penne Garlic Toast Vegetable Cookie	California Cheeseburger Fries Peaches
Tuesday 11-26	Oatmeal w/ Brown Sugar Wheat Toast Chilled Juice	Goulash Buttery Hot Dinner Rolls Vegetable Cake	Egg Salad Over a Croissant Chips Carrot Salad Mandarin Oranges
Wednesday 11-27	French Toast Margarine & Syrup Turkey Sausage Chilled Juice	Salisbury Steak Tri Potatoes Vegetable Apple Crisp	Baked Potato Soup Smoked Turkey Sandwich on Rye Mixed Fruit
Thursday 11-28	Omelets Wheat Toast Chilled Juice	Oven Roasted Turkey Mashed Potato w/ Turkey Gravy Green Bean Salad Dinner Rolls Pumpkin Pie	Flatbread Cheese Pizza with Marinara Dipping Sauce Vegetable Apple Slices
Friday 11-29	Pancakes Margarine & Syrup Ham Chilled Juice	Lemon Pepper Fish Potato Wedges Side Salad Rice Krispy Bars	Sloppy Joe on Bun Baked Tator Tots Vegetable Apricots
Saturday 11-30	Scrambled Eggs Wheat Toast Margarine & Jelly Chilled Juice	Swedish Meatballs Egg Noodles Vegetable Fruit Jell-O	Chicken Tenders Baked Macaroni Bites Vegetable Grapes
Sunday 12-1	Cream of Wheat Wheat Toast Margarine & Jelly Chilled Juice	Beef Stew w/Brown Rice Vegetable Cookies	Turkey Tetrazzini Vegetable Dinner Roll Pineapple