

# Emerald Crest Dining Menu

WEEK 1 FEBRUARY 3<sup>RD</sup> TO 9<sup>TH</sup>

	Breakfast	Lunch	Dinner
<b>Monday</b> 02/03	<b>Scrambled Eggs</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Broccoli Stuffed Chicken</b> Rice Pilaf Vegetable Ice Cream	<b>BBQ Riblet on Bun</b> Curley Fries Fresh Strawberries
<b>Tuesday</b> 02/04	<b>Cream of Wheat</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Hearty Beef Chili</b> Cornbread Vegetable Frosted Brownie	<b>Vegetable Lasagna</b> Garlic Toast Vegetable Peaches
<b>Wednesday</b> 02/05	<b>French Toast</b> Margarine & Syrup Ham Chilled Juice	<b>Smothered Chicken Breast</b> Rosemary Potatoes Vegetable Vanilla Cream Puff	<b>Beef Barley Soup</b> Vegetables Seasonal Fruit
<b>Thursday</b> 02/06	<b>Scrambled Eggs</b> Breakfast Sausage Wheat Toast Margarine & Jelly Chilled Juice	<b>Pot Roast</b> Mashed Potatoes Vegetable Cookies	<b>Polish Sausage on Bun</b> Potato Wedges Vegetable Pears
<b>Friday</b> 02/07	<b>Waffles</b> Margarine & Syrup Bacon Chilled Juice	<b>Fish Sticks</b> Potato Cakes Side Salad Lemon Bars	<b>Herbed Chicken Breast</b> Mashed Potatoes Vegetable Melon
<b>Saturday</b> 02/08	<b>Omelet</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Chicken Chow Mein Over Rice</b> Egg Roll Peach Cobbler	<b>Beer Cheese Soup</b> Roast Beef Sandwich Vegetable Grapes
<b>Sunday</b> 02/09	<b>Pancakes</b> Margarine & Syrup Bacon Chilled Juice	<b>Macaroni Casserole</b> Garlic Bread Zucchini Pie	<b>Chicken Pot Pie over Biscuit</b> Vegetable Cookie

THIS MENU IS SUBJECT TO CHANGE.

WEEK 1