

# Emerald Crest Dining Menu

WEEK 4 OF DECEMBER 12/23 TO 12/29

	Breakfast	Lunch	Dinner
<b>Monday</b> 12/23	<b>Scrambled Eggs</b> Bacon Wheat Toast Margarine & Jelly Chilled Juice	<b>Italian Meatballs over Penne</b> Garlic Toast Vegetable Cookie	<b>California Cheeseburger</b> Fries Peaches
<b>Tuesday</b> 12/24	<b>Oatmeal w/ Brown Sugar</b> Wheat Toast Chilled Juice	<b>Goulash</b> Buttery Hot Dinner Rolls Vegetable Cake	<b>Egg Salad Over a Croissant</b> Chips Carrot Salad Mandarin Oranges
<b>Wednesday</b> 12/25	<b>French Toast</b> Margarine & Syrup Turkey Sausage Chilled Juice	<b>Honey Glazed Ham</b> White Cheddar Au gratin Green Beans Rolls Assorted Dessert	<b>Baked Potato Soup</b> <b>Smoked Turkey Sandwich on Rye</b> Mixed Fruit
<b>Thursday</b> 12/26	<b>Omelets</b> Wheat Toast Chilled Juice	<b>Salisbury Steak</b> Tri Potatoes Vegetable Apple Crisp	<b>Flatbread Cheese Pizza with Marinara Dipping Sauce</b> Vegetable Apple Slices
<b>Friday</b> 12/27	<b>Pancakes</b> Margarine & Syrup Ham Chilled Juice	<b>Fish Sticks</b> Potato Wedges Side Salad Rice Krispy Bars	<b>Sloppy Joe on Bun</b> Baked Tator Tots Vegetable Apricots
<b>Saturday</b> 12/28	<b>Scrambled Eggs</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Swedish Meatballs</b> Egg Noodles Vegetable Fruit Jell-O	<b>Chicken Tenders</b> Baked Macaroni Bites Vegetable Grapes
<b>Sunday</b> 12/29	<b>Cream of Wheat</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Beef Stew w/Brown Rice</b> Vegetable Cookies	<b>Turkey Tetrizzini</b> Vegetable Dinner Roll Pineapple

\*THIS MENU MAY BE SUBJECT TO CHANGE.

WEEK 4