

Emerald Crest Dining Menu

WEEK 1 MARCH 3RD TO MARCH 9TH

	Breakfast	Lunch	Dinner
Monday 03/03	Scrambled Eggs Wheat Toast Margarine & Jelly Chilled Juice	Stuffed Chicken Rice Pilaf Vegetables Ice Cream	BBQ Riblet on Bun Curley Fries Fresh Strawberries
Tuesday 03/04	Waffles Margarine & Syrup Bacon Chilled Juice	Hearty Beef Chili Cornbread Vegetables Brownie	Herbed Chicken Mashed Potatoes Vegetables Melons
Wednesday 03/05	French Toast Margarine & Syrup Ham Chilled Juice	Pot Roast Mashed Potatoes Vegetables Cookies	Beef Barley Soup Vegetables Seasonal Fruit
Thursday 03/06	Scrambled Eggs Breakfast Sausage Wheat Toast Margarine & Jelly Chilled Juice	Smothered Chicken Rosemary Potatoes Vegetables Vanilla Cream Puff	Polish Sausage on Bun Potato Wedges Vegetables Peaches
Friday 03/07	Cream of Wheat Wheat Toast Margarine & Jelly Chilled Juice	Fish Sticks Potato Cakes Side Salad Lemon Bars	Vegetable Lasagna Garlic Toast Vegetables Pears
Saturday 03/08	Omelet Wheat Toast Margarine & Jelly Chilled Juice	Teriyaki Chicken Over Rice Egg Roll Peach Cobbler	Beer Cheese Soup Roast Beef Sandwich Vegetables Grapes
Sunday 03/09	Pancakes Margarine & Syrup Bacon Chilled Juice	Macaroni Casserole Garlic Bread Zucchini Pie	Chicken Pot Pie Vegetables Cookies

THIS MENU IS SUBJECT TO CHANGE.

WEEK 1