

Emerald Crest Dining Menu

WEEK 2 FEBRUARY 10TH TO 16TH

	Breakfast	Lunch	Dinner
Monday 02/10	Belgian Waffles Margarine & Syrup Bacon Chilled Juice	BBQ Ribs Baked Beans Coleslaw Shortcake w/Blueberries	Chicken Wild Rice Soup Turkey Sandwich on Rye Fruit Cocktail
Tuesday 02/11	Oatmeal w/ Brown Sugar & Raisins Wheat Toast Margarine & Jelly Chilled Juice	Chicken Fried Steak Mashed Potatoes w/Country Gravy Vegetable Cookies	Kielbasa w/ Sauerkraut Boiled Potatoes Vegetable Apple Slices
Wednesday 02/12	Pancakes Margarine & Syrup Ham Chilled Juice	Alfredo Stuffed Shells Garlic Breadstick Vegetable Cake	Minestrone Soup Roast Beef Slider-Slider Buns Vegetable Peaches
Thursday 02/13	Scrambled Eggs Bacon Wheat Toast Margarine & Jelly Chilled Juice	Turkey Cutlet Roasted Potatoes Vegetable Dinner Roll Pie	Hamburger on Bun Potato Salad Chips Grapes
Friday 02/14	French Toast Margarine & Syrup Breakfast Sausage Chilled Juice	Garlic and Herb Crusted Tilapia Loaded Tots Vegetable Cheesecake	Cabbage Rolls Vegetable Dinner Rolls Strawberries
Saturday 02/15	Cream of Wheat Wheat Toast Margarine & Jelly Chilled Juice	Roasted Chicken Vegetable Fried Rice Vegetable Ice Cream	Meatloaf Rosemary Potatoes Carrots Sliced Kiwi
Sunday 02/16	Omelet Wheat Toast Margarine & Jelly Chilled Juice	Beef Ravioli Garlic Bread Vegetable Cake	Tomato Soup Grilled Cheese Cucumbers w/ Dip Pears

THIS MENU IS SUBJECT TO CHANGE.

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